




# FitGen



**Youth  
Performance  
Supplements  
Parents Can  
Trust**

## PROTEIN BAR

### HOW DOES IT WORK?

As a healthy snack the Fitgen protein bars are hard to beat. It is more beneficial for children at school to take a snack that contains a significant amount of protein, rather than a snack full of empty carbohydrates. High protein snacks improve their concentration during class, as well as keeping the hunger pains at bay.

During the day at school it is difficult to use a protein shake before or after sport training, and that is where the protein bar is beneficial so that the young athlete get their protein allowance in.

FitGen Protein Bar Chocolate

FitGen Protein Bar Peanut Butter



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